

**The Humanitarian project of the State educational establishment
"Boarding school for children with disabilities with special features of
psychophysical development"**



1	The name of the project: "Sports without borders."
2	The period of project implementation: 2021-2022
3	Applicant organization proposing the project: the State educational establishment " Boarding school for children with disabilities with special features of psychophysical development "
4	<p>The Aims of the project:</p> <ul style="list-style-type: none"> - creating of the conditions enabling children with disabilities to have the way for living healthy life, systematically doing in physical education and sports not only indoors, but also outdoors, and socializing; - restoring of the impaired or lost body functions; - promoting and preserving of the physical and mental health for our children
5	<p>The Tasks:</p> <ol style="list-style-type: none"> 1. Strengthening the material and technical base of the Boarding School in the form of sports street simulators; 2. Creating of the conditions for participation of the children to doing sports and as a result having their rehabilitation and social adaptation. 3. Developing of the physical culture and sports infrastructure in according to modern safety and comfort requirements; 4. Improving of the physical education and doing sports for all children;

	<p>5. Restoring and compensating of the impaired or lost body functions; 6. Creating barrier-free access to the sports ground for the children with disabilities in the street.</p>	
6	To the Group : Children with disabilities and special psychophysical needs.	
7	<p>The Short description of the project activities. The equipment of the sports complex involves the following:</p> <ol style="list-style-type: none"> 1. Creating and arranging of the place for the sports ground. 2. Installation of 10 street simulators (assembly, installation, concreting). 3. Installation of a canopy above the street gym. <p>Street simulators in our social establishment are an excellent solution for effective outdoor activities and training, since outdoor sports have a number of advantages. So, under the influence of sunlight, the body produces vitamin D, which is involved in the construction of bone tissue. And low temperatures in the cold season have not only an invigorating effect, but also contribute to strengthening immunity. Besides other things, such as the air on the street is characterized by lower concentration of bacterias and a larger concentration - phytoncides – of natural antiseptics released by the plants. Regular exercises on street simulators make it possible to effectively keep muscles in tone, increase the overall endurance and strength of the body, and make tasks easier for every day.</p> <p>Numerous studies have confirmed the benefits of the training on the street: due to the greater concentration of oxygen in the street air, metabolism in the body accelerates, which means that it is possible to achieve the desired effect as quickly as possible. For children with special psychophysical development, exercise is a necessity. In addition, classes on street simulators will make the life of children more diverse.</p>	
8	Total funding	Amount of funding (in the dollars of the USA)
		2500\$ (6000 бел. руб.) \$2500 (6000 belarissian rubles)
	The financing source	Sponsorship
	The joint financing	-----
	Accompanying funding	
9	The Project location: 16 Vygotsky St., Minsk	

10 **The Contact person:** Andrei Zhdanovich, Director of the State Establishment "Boarding School for Children with Disabilities with Special Features of Psychophysical Development,"
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WE WILL BE GLAD TO COOPERATE!!!